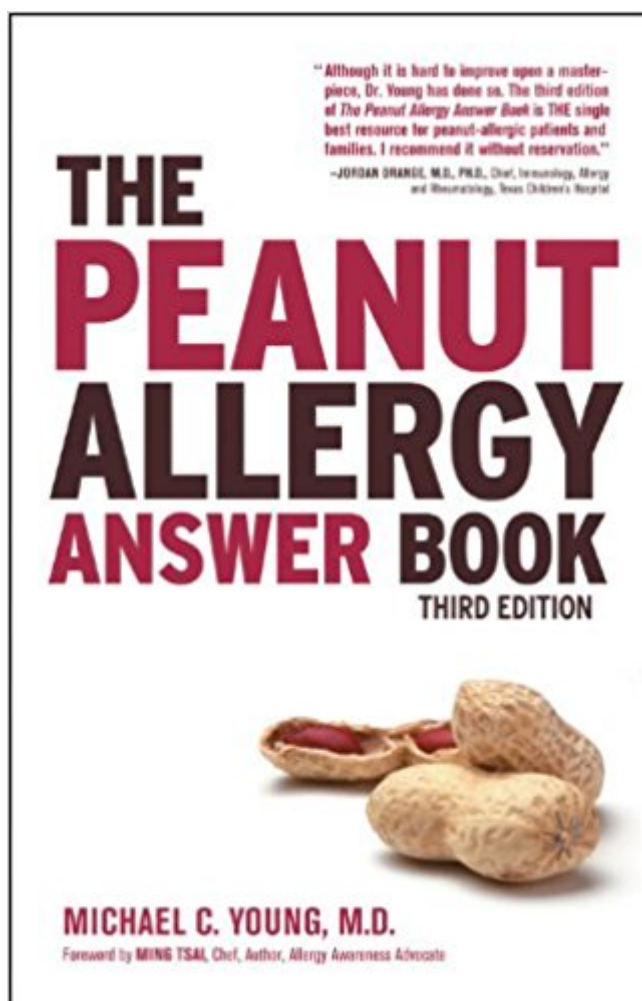


The book was found

# The Peanut Allergy Answer Book, 3rd Ed.



## Synopsis

A revised and updated version of the definitive peanut allergy book. **The Most Cutting-Edge Research on Peanut Allergy Prevention, Diagnosis, and Treatment Is Here!** Did you know that avoidance of peanuts early in life may actually lead to peanut allergy, the opposite of what was originally believed? Researchers now believe that continued early avoidance of peanut may be behind the steady growth of peanut allergy in the United States and other countries. This surprising new research is among the cutting edge information you will find in the third edition of **The Peanut Allergy Answer Book**. Since its publication in 2001, rates of peanut allergy have tripled, prompting families, patients, and medical professionals to seek clear and concise answers about prevention, diagnosis, and treatment. The newest edition of this book outlines:

- Promising new treatments, including oral desensitization and Chinese herbal medicines
- The most recent recommendations for feeding at-risk infants and young children
- The latest laboratory tests for determining the risk of life-threatening anaphylaxis

## Book Information

Paperback: 192 pages

Publisher: Fair Winds Press; Third Edition edition (October 1, 2013)

Language: English

ISBN-10: 1592335675

ISBN-13: 978-1592335671

Product Dimensions: 5.5 x 0.5 x 8.5 inches

Shipping Weight: 8.5 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars 21 customer reviews

Best Sellers Rank: #283,266 in Books (See Top 100 in Books) #60 in Books > Health, Fitness & Dieting > Nutrition > Food Allergies #97 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Allergies

## Customer Reviews

“While it is hard to improve upon a masterpiece, Dr. Young has done so. The third addition of **The Peanut Allergy Answer Book** is THE single best resource for peanut-allergic patients and families. I recommend it without reservation.”  
—Jordan Orange, M.D., Ph.D.,  
Chief, Immunology, Allergy and Rheumatology, Texas Children’s Hospital  
“With this new edition, Dr. Young brings order to chaos with an updated and comprehensive compendium that provides accurate and practical information. It remains the required reading

for patients with peanut allergy and their parents. — Dale T. Umetsu, M.D., Ph.D., Professor of Pediatrics, Harvard Medical School, and Boston Children's Hospital — "The newest edition of this indispensable book provides the most up-to-date information and answers to the many questions that patients, their parents, and others have about the management of peanut allergy. — Donald Leung, M.D., Ph.D., Edelstein Family Chair of Pediatric Allergy-Immunology, National Jewish Health, and Professor of Pediatrics, University of Colorado Medical School — "This is a wonderfully written and timely contribution that will benefit all who read it . . . a must-read for all those suffering from food allergy. — Marc E. Rothenberg, M.D., Ph.D., Director, Division of Allergy and Immunology, Cincinnati Children's Hospital Medical Center, University of Cincinnati College of Medicine —

Michael C. Young, M.D. is Assistant Clinical Professor of Pediatrics at Harvard Medical School and practices at Children's Hospital, Boston and at South Shore Allergy & Asthma Specialists in South Weymouth, MA. Dr. Young is a member of the Massachusetts Department of Education Task Force on Anaphylaxis that developed the first guidelines in the country for the management of food allergies and anaphylaxis in schools.

This book is written by a board certified, pediatric allergist. It is truly the most complete resource that I have found to date. The material is easy to understand yet full encompassing. It discusses theories of causation, real life scenarios, and the future of possible treatments. As a mother that found it hard to stand my ground, this book gave me the confidence I needed. We have multiple editions and it is worth every penny. I highly recommend it to anyone managing a nut/peanut allergy. In fact, I am a local support group leader & active in a group of over 4500. I recommend this book to everyone that says they are struggling or new to the journey. I've told my child's allergist that THIS should be in every new patients welcome package and I believe in it so much that I've donated multiple copies to our local library.

I'm the parent of a peanut and tree nut allergic child, and I bought this book on a whim. We're well-informed and vigilant parents, and I thought I knew pretty much all there was to know about these food allergies. I was wrong--I learned so much from this book, including some really great information about the treatment options that are now available, and the risks of a bi-phasic reaction.

Highly recommended.

I still refer to this book, have it on our coffee table. Loan it out to friends who are interested. Will buy future additions as well. Has helped explain some areas of concern for me (my son has peanut, tree nut and sesame allergies.) Recommend and would buy again.

Our young son was just diagnosed with a peanut allergy, and I had lots and lots of questions. I found this book to be highly recommended, though no one had reviewed this just published edition. The book is written in a concise, no-nonsense, no-hype manner. It is pretty short, but there were very few questions left unanswered when I was done reading it. And I had received LOTS of answers to questions I did not know I should have had. (who knew that egg rolls often uses peanut butter in order to "glue" the end folds down? What cleaners work when removing peanut butter from your hands?) It talks scientifically as well as practically about allergies (not just peanut). And it teaches you what questions you need to ask the allergist in order to help you implement a plan to keep your child (or yourself) safe especially at school. There were some complaints for the earlier editions about Dr. Young "blaming the mother", and how counter productive and mean that is. Let me clarify that Dr. Young is not "blaming" the parents, though he does discuss some of the potential environmental causes for developing an allergy. I had an insane peanut craving while pregnant with my son, and I feel just awful that eating lots of peanut butter during the pregnancy may have contributed to his allergy. But just like the discussions with autism, asthma, etc., there now seems to be some evidence of some environmental triggers (in-womb and after birth), for some of people who are already genetically predisposed and at-risk. If we are too worried about making people feel guilty, then we will never learn how to lessen the risk in the future. I have never bothered to write a review before, but I felt so strongly about this book that I had to write one for it. If you have child, grandchild, or a child in your care (day care, nanny, baby-sitting etc.), who has a peanut allergy, you HAVE TO HAVE this book as it is required reading.

This book is invaluable to anyone who deals with life threatening peanut allergies. It has been a real eye opener and something I can refer back to. I would also most definitely recommend for teachers or family members who want to understand about a loved ones allergies.

Very educated book not only for my self but for the grandparents a well. I really understand the book and have some good key points. I learn stuff I never knew some I felt a little on ease about but over all a good book.

Must have for anyone peanut allergic or who has a peanut allergic child! I've learned much not previously seen in various other types of literature, blogs, Web sites, etc. Easy to read and understand.

I felt much better about allergies and anaphylaxis in general. Its a great resource to use alongside doctors advice, highly recommended.

[Download to continue reading...](#)

The Peanut Allergy Answer Book, 3rd Ed. Tales of the Peanut Butter Kid: Stories of a Colorado Farm Boy in the 1950's and 1960's (Adventures of the Peanut Butter Kid) (Volume 1) Crushing the Peanut: Food Allergy Life before and after Oral Immunotherapy (OIT) The Peanut Allergy Epidemic, Third Edition: What's Causing It and How to Stop It The Princess and the Peanut Allergy The Complete Kid's Allergy and Asthma Guide: Allergy and Asthma Information for Children of All Ages Fearless Food: Allergy-Free Recipes for Kids (Allergy Aware Cookbooks) Do you know your type of allergy is?: It's estimated that 60 million Americans suffer from some type of allergy. The Pruning Answer Book: Solutions to Every Problem You'll Ever Face; Answers to Every Question You'll Ever Ask (Answer Book (Storey)) Peanut Butter Glasses: 3rd Edition Revised and Expanded Longman Preparation Course for the TOEFL iBT® Test (with CD-ROM, Answer Key, and iTest) (Longman Preparation Course for the Toefl With Answer Key) Frogs: The Animal Answer Guide (The Animal Answer Guides: Q&A for the Curious Naturalist) Sharks: The Animal Answer Guide (The Animal Answer Guides: Q&A for the Curious Naturalist) Small Wild Cats: The Animal Answer Guide (The Animal Answer Guides: Q&A for the Curious Naturalist) Squirrels: The Animal Answer Guide (The Animal Answer Guides: Q&A for the Curious Naturalist) Say Goodbye to Illness (3rd Edition): A Revolutionary Treatment for Allergies and Allergy-Related Conditions Tortillas & Peanut Butter: True Confessions of an American Mom Turned Mexican Smuggler (Print Book) Peanut Butter & Cupcake You Are the Peanut Butter to My Jelly: Lunch Box Notes for the Best Kid Ever (Sealed with a Kiss) The Adventures of Kung Fu Robot: How to Make a Peanut Butter, Jelly, and Kung Fu Sandwich

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)